

RECREATIONAL CLASSES

ALISO VIEJO

MONDAY		
1:30 - 2:30	TOTS & TUTUS (AGES 2-4)	Miss Lauren
2:30 - 3:30	PRE-PAVE BALLET/ JAZZ/ TAP (AGES 3-5)	Miss Lauren
3:30 - 4:30	BEG / INT JAZZ (AGES 8-12)	Miss Lauren
4:30 - 5:30	BEG / INT STRETCH & CONDITIONING (AGES 8-12)	Miss Savanna Miss Jordan
WEDNESDAY		
10:30 - 11:30	TOTS & TUTUS (AGES 2-4)	Miss Lauren
3:30 - 4:30	PRE-PAVE BALLET/ JAZZ/ TAP (AGES 3-5)	Miss Kelley
3:30 - 4:30	INT BALLET (AGES 8-12)	Miss Jordan
4:30 - 5:30	INT JAZZ TECH (AGES 8-12)	Miss Kelley
THURSDAY		
3:30 - 4:30	INT HIP HOP (AGES 11-15)	Miss Mariah
3:30 - 4:30	BEG BALLET (AGES 7-11)	Mr. Slava
5:30 - 6:30	HIGH SCHOOL CONTEMPORARY	Mr. Jason
8:30 - 9:30	HIGH SCHOOL JAZZ	Miss Mariah
8:30 - 9:30	HIGH SCHOOL PILATES	Miss Kelley
FRIDAY		
3:30 - 4:30	BEG / INT LYRICAL (AGES 5-7)	Mr. Alex
4:30 - 5:30	INT / ADV STRETCH & CONDITIONING (AGES 9-14)	Miss Jordan
4:30 - 5:30	BEG / INT LYRICAL (AGES 7-10)	Mr. Alex
6:30 - 7:30	INT BALLET (AGES 8-12)	Miss Mariah
SATURDAY		
8:30 - 9:30	TOTS & TUTUS BALLET/ JAZZ/ TAP (AGES 3-5)	Miss Noelle
8:30 - 9:30	CORE FITNESS (AGES 13+)	Mr. Daniel
9:30 - 10:30	BEG JAZZ (AGES 6-9)	Miss Noelle
9:30 - 10:30	BEG/INT HIP HOP (AGES 9-13)	Miss Savanna
10:30 - 11:30	BEG/ INT LYRICAL CHOREOGRAPHY (AGES 9-13)	Miss Noelle
10:30 - 11:30	JAZZ CHOREOGRAPHY/ TIK TOK CLASS (AGES 6-9)	Miss Savanna
11:30 - 12:30	BEG/ INT JAZZ (AGES 9-13)	Mr. Daniel